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SouthCoast Recovery Opens Alcohol and Drug Detox Facility in Dana Point, Orange County, California

SouthCoast Recovery, a California drug rehab and alcohol treatment center, is pleased to announce opperation of its own state-licensed detox facility. Detox services are scheduled to begin December 15, 2007 in Dana Point, California and include detox from heroin, Oxycontin, benzodiazepines, and alcohol.

December 4, 2007 (FPRC) -- Drug and alcohol detox doesn't have to be painful. Previously, clients admitted to SouthCoast Recovery were sent to an outside facility to undergo drug and alcohol detox. Now clients are admitted to a SouthCoast residential home specifically for medically supervised drug and alcohol detox procedures. "This addition is a great benefit to the continuity of treatment for our clients. We can now capture a newly sober person's attention at the first moment they have the clarity to process information" says Executive Director, Dennis Larkin.

The goal is to stabilize and minimize the physical pain of withdrawal symptoms during drug and alcohol detox. Because a high relapse rate can be linked to an unsuccessful drug and alcohol detox process, this specialized phase of drug and alcohol treatment cannot be overlooked. Initial withdrawal during drug and alcohol detox can be physically distressing, painful and even dangerous.

SouthCoast Recovery provides 24-hour supervision with an on-staff physician, Dr. Brockett, M.D., managing each stage of drug and alcohol detox. Clients initially undergo an evaluation to determine the level of treatment needed for drug and alcohol detox. If needed, medication is prescribed to ease cravings and withdrawal symptoms associated with drug and alcohol detox. Nutritious meals are cooked on a daily basis. Herbal remedies may also be combined with natural healing components to help the body heal during drug and alcohol detox. Massage therapy may also be used to help release toxins during the drug and alcohol detox phase.

Clients receive 24-hour care in a comfortable residential home during the drug and alcohol detox phase of treatment. Blood pressure checks are performed regularly to ensure safe withdrawal during drug and alcohol detox. When clients are physically stable, counseling is introduced along with educational materials to the drug and alcohol detox facility.

With the addition of its state-licensed, medically supervised alcohol and drug detox program, SouthCoast Recovery is now equipped to handle all stages of the recovery process. This personal attention to drug and alcohol detox allows clients to comfortably progress to the next level of recovery.

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